

Free Sample Edition

Mindful Coloring Book for Adults

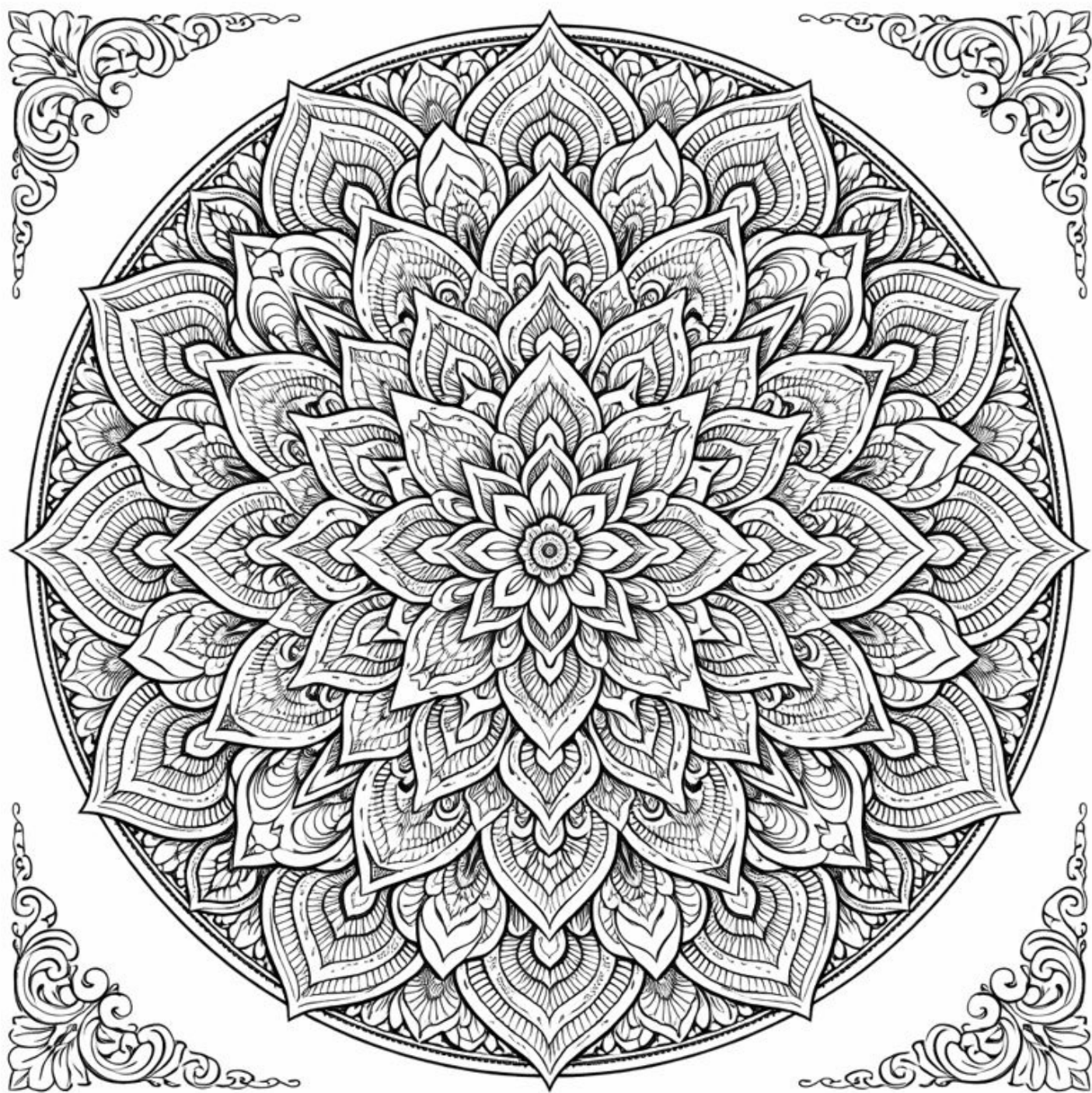


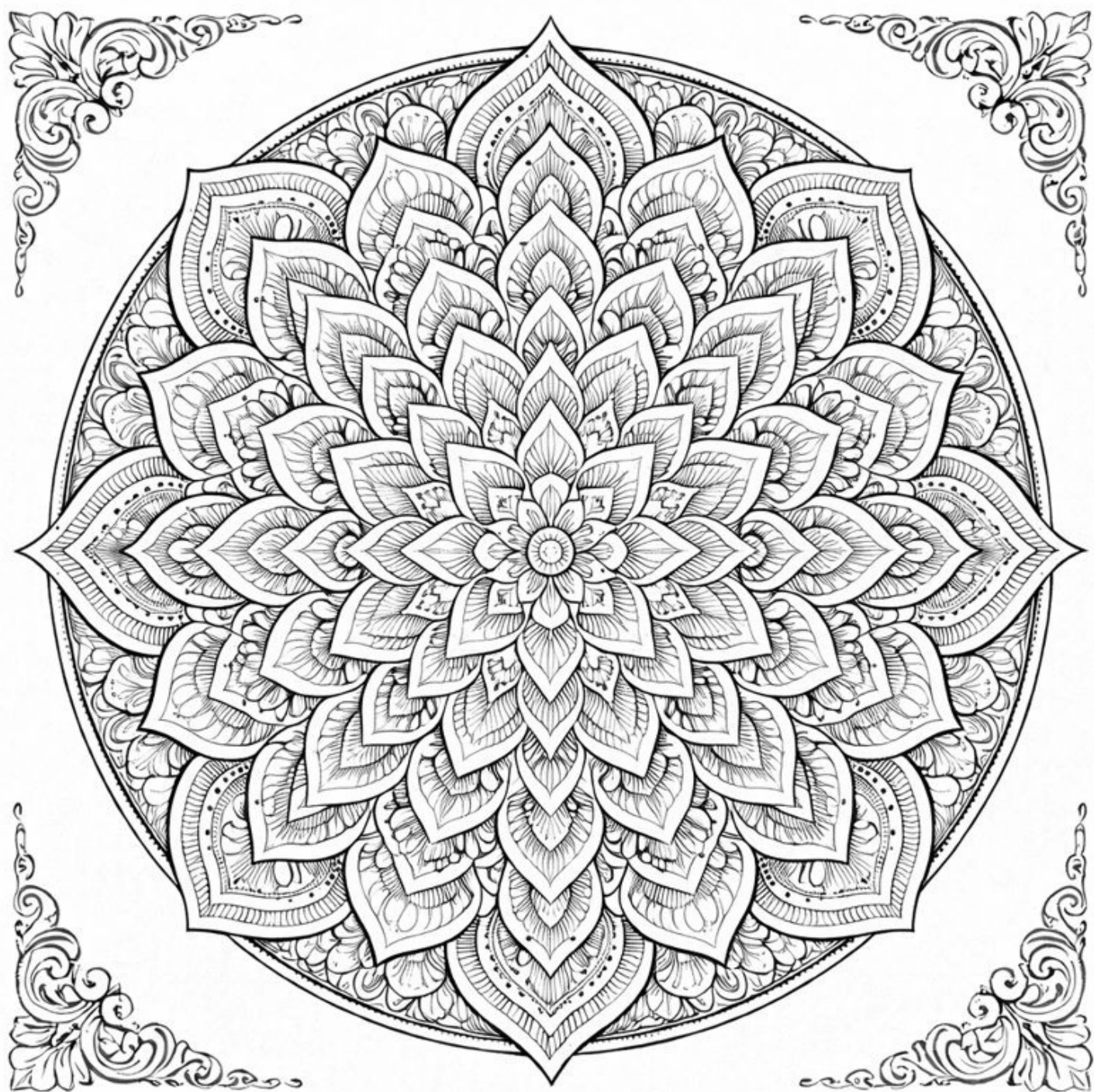
Mandala Patterns for Calm Focus

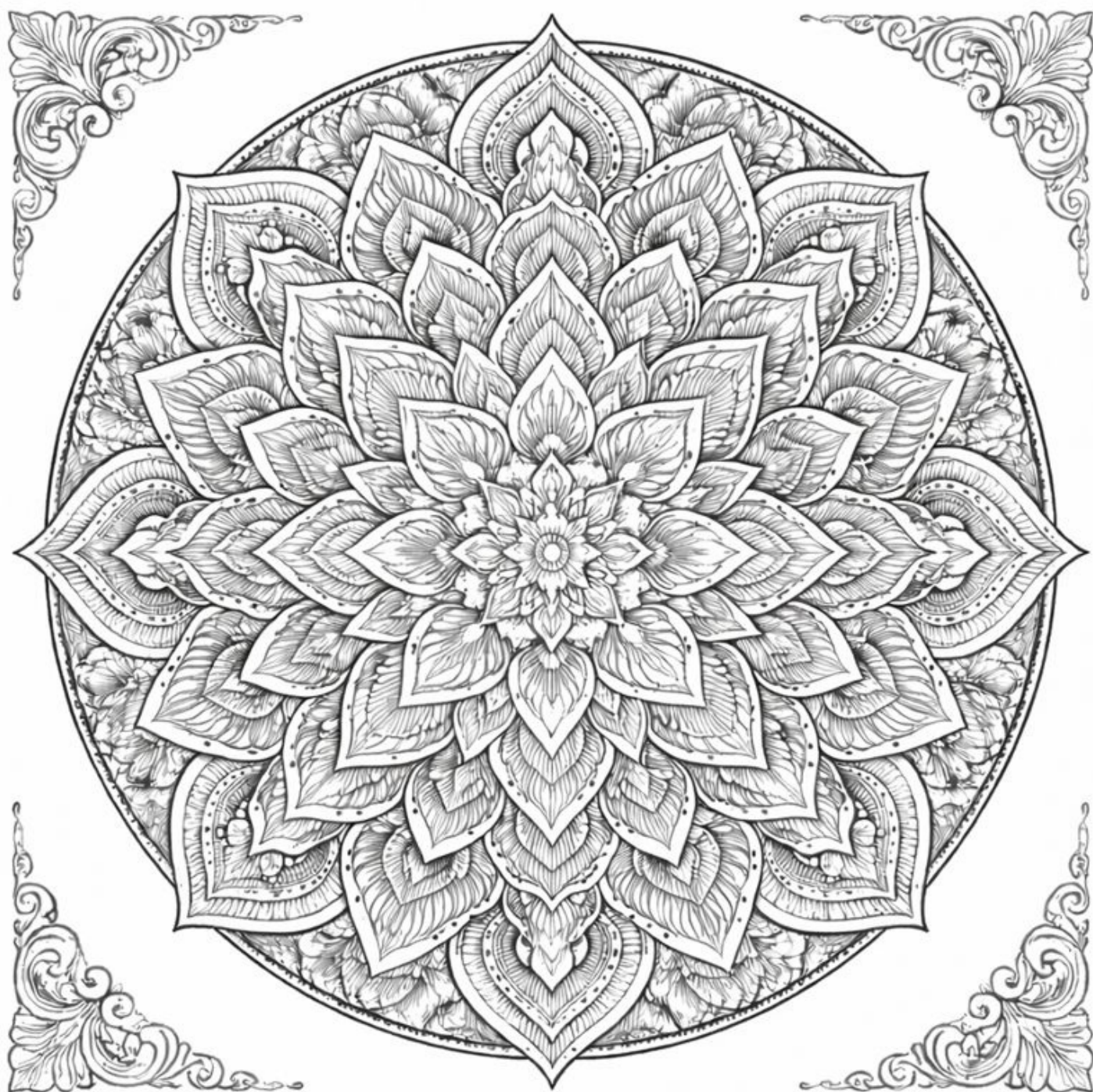
Enjoy mindful coloring.

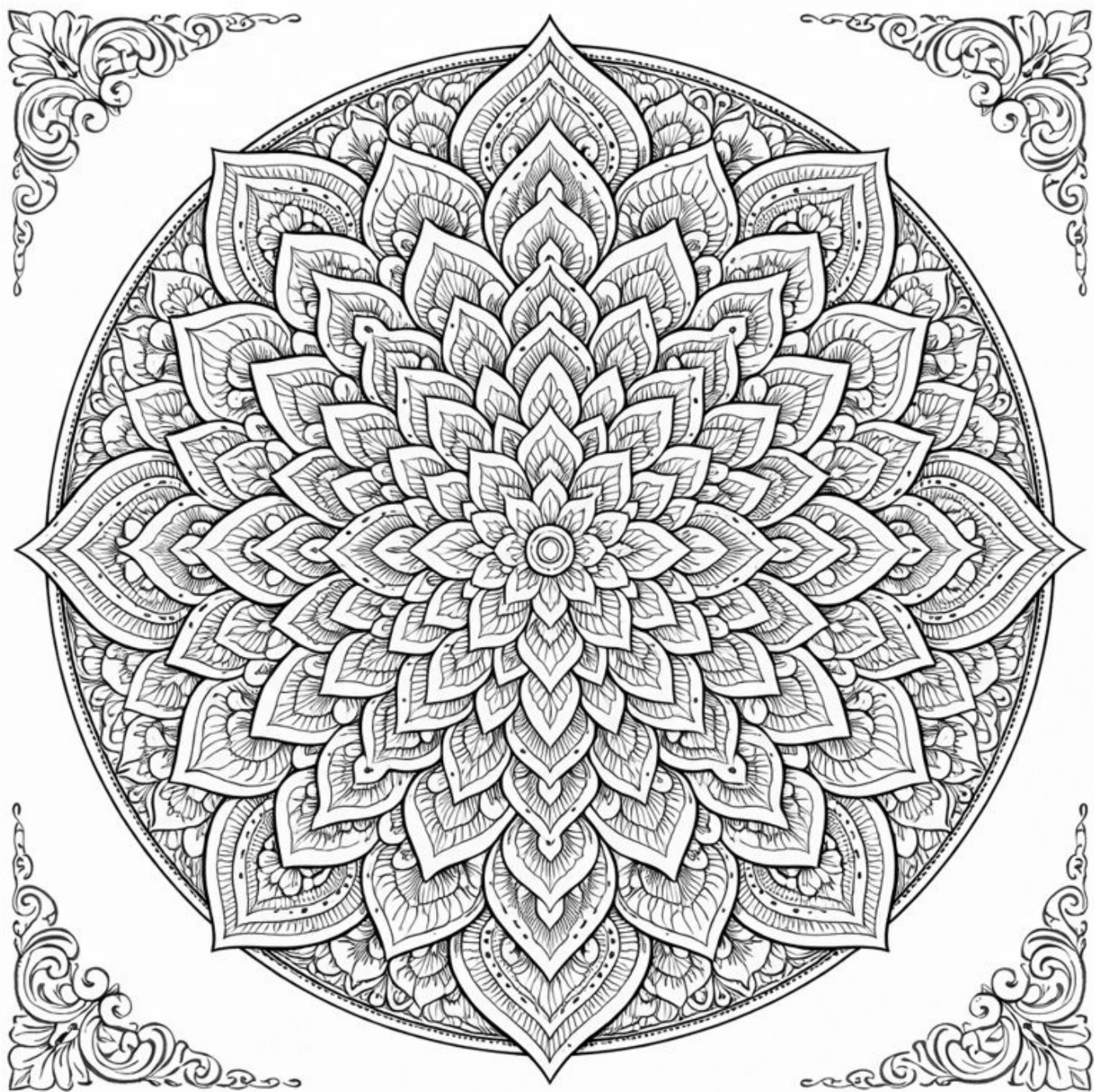
**You don't need to be good at coloring.
There is no right or wrong.**

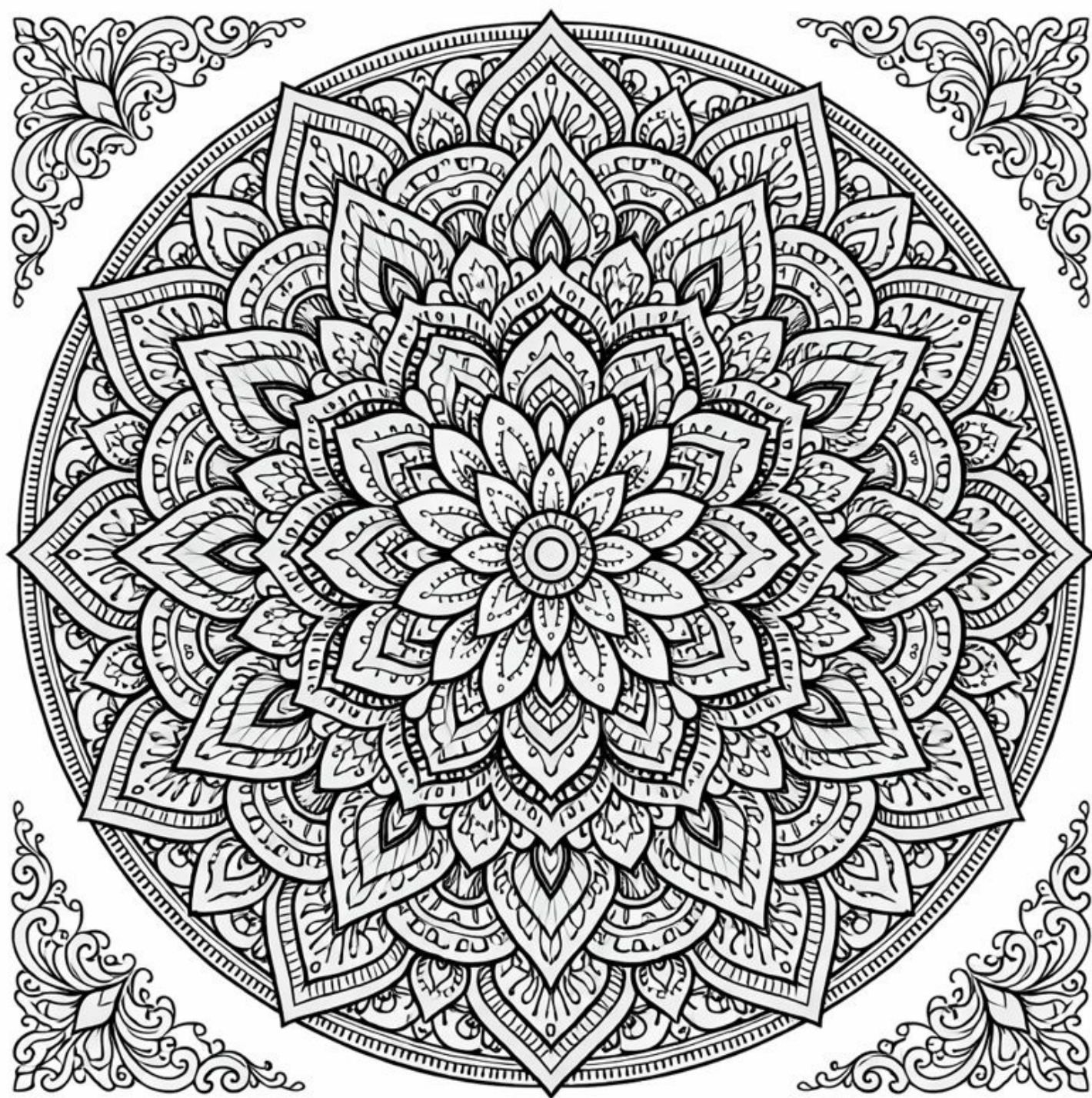
**Just take a few minutes,
focus on the lines,
and let your mind slow down.**











How was it?

**If your mood shifted even a little,
that's more than enough.**

**If you'd like more pages like this,
you can find the full version below.**

[Find the full version on Etsy →](#)

**Thank you for taking
this small moment for yourself.**

